



**MEDICATION REFERENCE
NOT FOR USE DURING PATIENT CARE
Medications General**

Initial Date: 11/17/2023

Revised Date:

Section: MR30

Prednisone

Pharmacological Category: Corticosteroid, Systemic

Routes: PO

Indications:

1. Allergic Reaction
2. Inflammatory respiratory issues

Contraindications:

1. Hypersensitivity to steroids
2. Known systemic fungal infections
3. Children \leq 6 years of age
4. Inability to take PO medication

Expected effects:

1. Decreased inflammation

Side effects:

1. Retention of fluids

Notes:

1. Do not cut prednisone tablets

Dosing: ANAPHYLAXIS ALLERGIC REACTION

Indication: If patient is symptomatic of an allergic reaction but not in a severe allergic reaction or anaphylaxis OR after epinephrine administration.

Adults administer:

1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

Dosing: ADRENAL CRISIS

Indication: Patients with a known history of adrenal insufficiency, experiencing signs of crisis.

Adults administer:

1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO



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Dosing: ADULT RESPIRATORY DISTRESS

Indication: Respiratory distress patients with wheezing or diminished breath sounds due to asthma or COPD

Adults administer:

1. Prednisone tablet 50 mg PO

Dosing: PEDIATRIC RESPIRATORY DISTRESS, FAILURE, OR ARREST

Indication: Pediatric respiratory distress patients with suspected bronchospasm (wheezing)

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

Used in the Following Protocols

Anaphylaxis/Allergic Reaction (Section 1 General Treatment)

Adrenal Crisis (Section 1 General Treatment)

Respiratory Distress (Section 3 Adult Treatment)

Pediatric Respiratory Distress, Failure or Arrest (Section 4 Obstetrics and Pediatrics)