Methylprednisolone

Protocols:
1. Anaphylaxis/Allergic Reaction
2. Adrenal Crisis
3. Adult Respiratory Distress
4. Pediatric Respiratory Distress, Failure, or Arrest

Indications:
1. Allergic reactions
2. Airway inflammation
3. Reactive airway disease
4. Acute adrenal insufficiency

Contraindications:
1. Hypersensitivity to methylprednisolone (or similar)
2. Inability to swallow (by age or patient status)

Dosing:
1. Adult 125 mg IV/IO/IM
2. Pediatrics 2 mg/kg IV/IO/IM (max dose 125mg)

Expected Effects:
1. Decreased inflammation

Side Effects:
1. Dizziness
2. Nausea/vomiting