GUIDANCE TO EMS PROVIDERS ON MULTISYSTEM INFLAMMATORY RESPONSE SYNDROME IN CHILDREN (MIS-C)

EFFECTIVE IMMEDIATELY: For the purposes of EMS identification, signs and symptoms of MIS-C include any individual aged <21 years old presenting with fever (>100.4 degrees F) usually lasting several days, and at least one of the following signs and symptoms:

- Hypotension
- Irritability or lethargy
- Abdominal pain
- Diarrhea and/or vomiting
- Rash
- Conjunctivitis
- Poor feeding
- Red cracked lips or red bumpy tongue
- Swollen hands and feet

MIS-C is a rare complication of COVID-19 infection in children of all ages. If MIS-C is suspected, EMS providers should strongly encourage immediate evaluation by an emergency physician at the closest hospital. Life threatening complications can result in pediatrics and young adults leading to heart failure, severe shock, and sudden death. Treatment should be provided as needed, based on the patient’s condition and current OCMCA protocols.

If you have any questions, please contact the OCMCA at 248 975-9704.