



**MICHIGAN  
State Protocols**

**Protocol Number**

**Protocol Name**

**Trauma and Environmental Emergencies**

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## ***General Trauma***

This protocol should be followed for severely injured patients meeting trauma triage guidelines and methodology; including chest injuries, and patients with symptoms of spinal cord injury, along with extremity weakness, numbness or sensory loss. It consists of assessment, stabilization, extrication, initiation of resuscitation, and rapid transportation to the closest appropriate facility.

**Aliases:** Trauma, injury, injuries

### **GENERAL TRAUMA MANAGEMENT**

1. Follow **General Pre-hospital Care Protocol**.
2. Stabilize spinal column while opening the airway, determine level of consciousness. Refer to **Spinal Injury Assessment Protocol**.
3. Manage airway and ventilation per **Emergency Airway Procedure**. Avoid Hyperventilation/Hyperoxygenation.
4. Control major external bleeding. Refer to **Soft Tissue and Orthopedic Injuries Protocol**.
5. If shock present, refer to **Shock Protocol**.
6. Refer to **Mass Casualty Incidents Protocol** if appropriate.



7. Initiate transport according to the **Transportation Protocol**.
8. Alert receiving hospital as soon as appropriate. Include pertinent trauma triage criteria.



9. Obtain vascular access (in a manner that will not delay transport).



10. Refer to **Pain Management Procedure**.

### **CHEST INJURY**

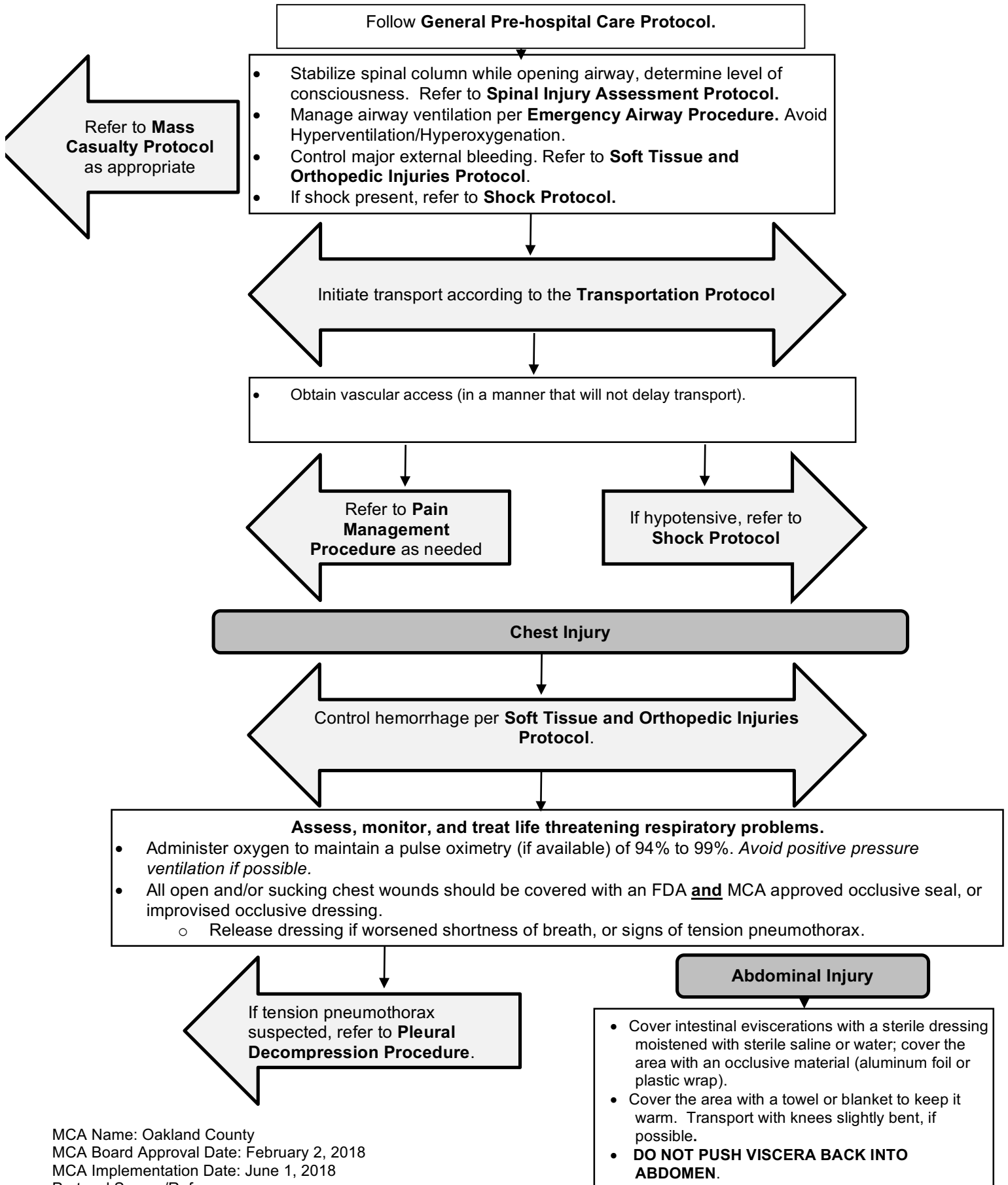
1. Control hemorrhage per **Soft Tissue and Orthopedic Injuries Protocol**.
2. Assess, monitor, and treat life threatening respiratory problems.
  - A. Administer oxygen to maintain a pulse oximetry (if available) of 94% to 99%. *Avoid positive pressure ventilation if possible.*
  - B. All open and/or sucking chest wounds should be covered with an FDA **and** MCA approved occlusive seal device, or improvised occlusive dressing.
    1. Release dressing if worsened shortness of breath, or signs of tension pneumothorax.



3. If tension pneumothorax suspected, perform needle decompression per **Pleural Decompression Procedure**.

### **ABDOMINAL INJURY**

1. Cover intestinal eviscerations with a sterile dressing moistened with sterile saline or water; cover the area with an occlusive material (aluminum foil or plastic wrap). Cover the area with a towel or blanket to keep it warm. Transport with knees slightly bent, if possible. **DO NOT PUSH VISCERA BACK INTO ABDOMEN.**



## **Burns**

### **General Treatment:**

1. Follow **General Pre-hospital Care Protocol**.
2. If evidence of possible airway burn, consider aggressive airway management per **Emergency Airway Procedure**.
3. Administer 100% O<sub>2</sub> to all patients rescued from a confined space fire (i.e., building, automobile) regardless of pulse oximetry reading.
4. Determine burn extent & severity (rule of nines or palm = 1%).
5. Keep patient warm and avoid hypothermia.
6. If possibility of cyanide poisoning, refer to **Cyanide Exposure Protocol**.


### **THERMAL BURNS:**

1. Stop the burning process. Remove smoldering and non-adherent clothing. Irrigate with sterile water or saline, if available.
2. Consider potential for secondary contamination (i.e., methamphetamine).
3. Assess and treat associated trauma.
4. Remove any constricting items.
5. If burn is
  - a. Less than 15% of total body surface area (TBSA), consider covering with wet dressings for comfort.
  - b. More than 15% of total body surface area (TBSA), cover wounds with dry clean dressings to avoid hypothermia.



### **CHEMICAL BURNS:**


1. Protect personnel from contamination.
2. Remove all clothing and constricting items.
3. Decontaminate patient prior to transport, brushing off dry chemicals prior to irrigation.
4. Assess and treat for associated injuries.
5. Evaluate for systemic symptoms, which might be caused by chemical contamination.
6. Notify receiving hospital of possible chemical contamination.
7. Cover burned area in clean, dry dressing for transport.

### **ELECTRICAL INJURY:**

1. Protect rescuers from live electric wires.
2. When energy source is removed, remove patient from electrical source.
3. Treat associated injuries provide spinal precautions per **Spinal Injury Assessment Protocol** and **Spinal Precautions Procedure** when indicated.
4. Assess and treat contact wound(s).
-  5. Monitor patient ECG for possible arrhythmias. Treat as per specific arrhythmia protocol.

### **FOR ALL TYPES OF BURNS:**

-  1. Obtain vascular access if indicated for pain management or fluid therapy.
2. Administer NS IV/IO fluid bolus up to 1 liter wide open for hypotension or burn greater than 15% TBSA. Repeat as indicated.  (20 ml/kg for pediatrics)

-  3. Administer Analgesic Medication. Refer to **Pain Management Procedure**.

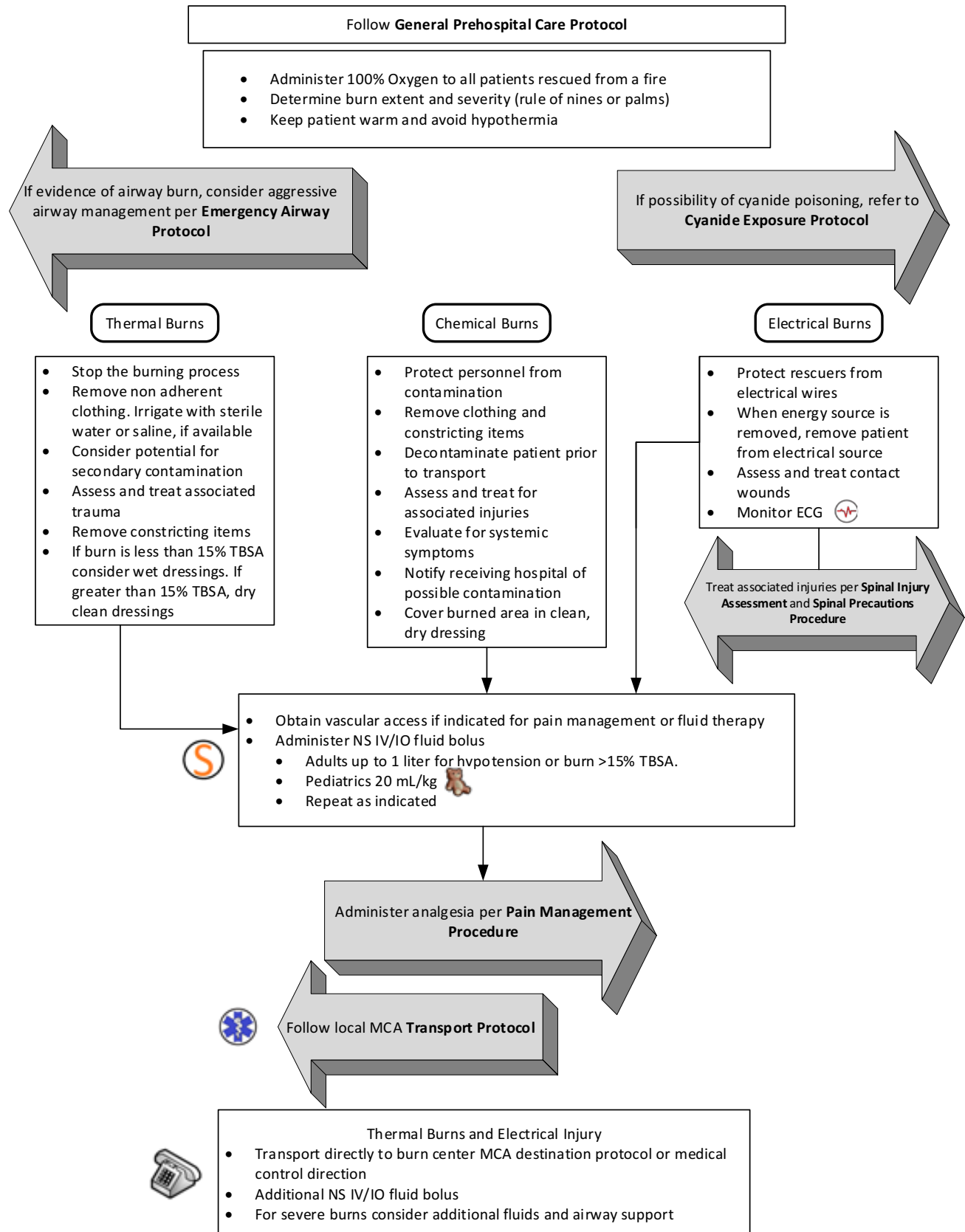
 **Transport:**

4. Follow local MCA **Transportation Protocol**.
5. Special Transport Considerations
  - a. The most appropriate facility may be a trauma center when there is airway or respiratory involvement, or when multi-trauma or blast injury is suspected.
  - b. Consider transport directly to burn center if BSA > 20% partial thickness, BSA > 10% full thickness, involvement of hands/feet, genitalia, face; circumferential burns
  - c. Consider air ambulance transportation for long transport times, pain control requiring deep sedation, and airway concerns that might necessitate advanced airway management.



**Thermal Burns and Electrical Injury:**

1. Transport directly to burn center per **Transportation Protocol** or medical control direction.
2. Additional NS IV/IO fluid bolus, up to 2 liters, wide open.
3. For severe burns, consider:
  - a. Additional fluid needs
  - b. Airway support



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## **General Crush Injury**





### **Purpose:**

This protocol should be considered when the patient has been entrapped at the scene for more than one hour, one or more full extremities trapped by an object capable of causing a crush injury, including machinery, dirt, rock, and rubble or there is entrapment of patient with history of previous cardiac or renal disease or dialysis treatment.

### **Crush Syndrome:**



Should be suspected in patients with entrapment/compression of greater than one hour, especially when a large muscle mass/group is involved. Treatment of the patient at risk for Crush Syndrome **should begin before the patient is removed when practical.**

### **Treatment:**

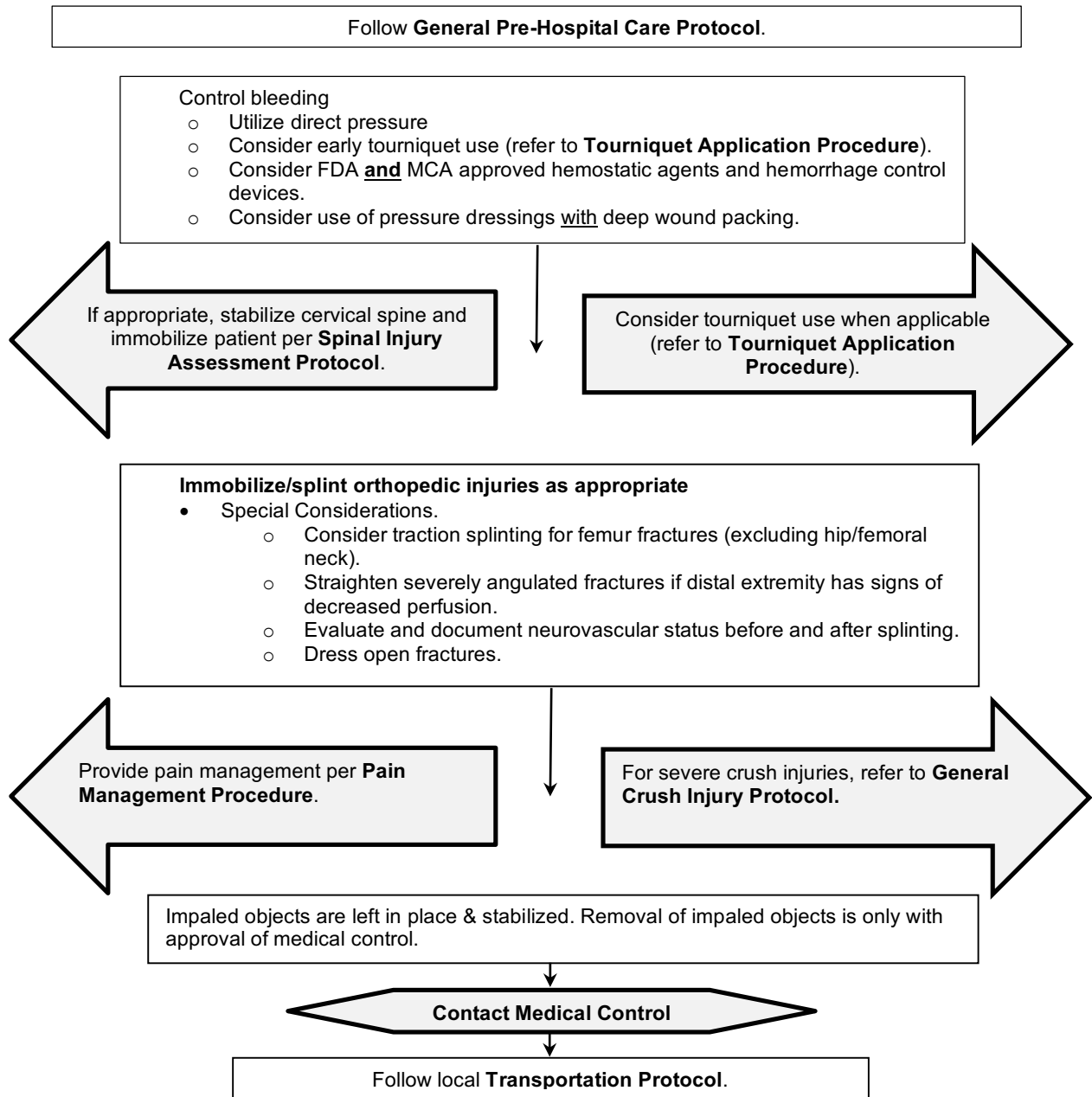
1. Follow **General Trauma Protocol**, identify and treat life threats.
2. Assess for signs of Compartment Syndrome or Crush Syndrome.
3. Use tourniquet as indicated (see **Tourniquet Application** procedure).
-  4. Establish large bore IV(s) and infuse one (1) to two (2) liters of Normal Saline *just prior to removal of patient when practical.*
-  5. Treat patient pain per the **Pain Management Procedure**.
6. Initiate cardiac monitoring and assess for hyperkalemia, i.e. wide QRS or peaked T waves.
7. Perform 12-Lead ECG, if conditions allow.
8. Administer **Oxygen** to patient if environment allows.
9. Administer **Sodium Bicarbonate**
  - a. Adults 100 mEq IVP prior to extrication and 50 mEq/hr IVPB or slow IVP if extrication is prolonged and hyperkalemia is suspected.
  -  b. Pediatrics 1 mEq/kg (max dose 50 mEq) IV
10. Consider **Albuterol** 2.5 mg via NMT (nebulized mist treatment) during extrication process.
11. Administer **Calcium Chloride** if hyperkalemia is suspected (peaked T waves, widened QRS, hypotension)
  - a. Adults 1 gram slow IVP over 5 minutes
  -  b. Pediatrics 20 mg/kg, max dose 1 gram over 5 minutes

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## ***Soft Tissue & Orthopedic Injuries***

1. Follow **General Pre-hospital Care Protocol**.
2. Control bleeding.
  - A. Utilize direct pressure.
  - B. Consider early tourniquet use (refer to **Tourniquet Application Procedure**).
  - C. Consider FDA and MCA approved hemostatic agents and hemorrhage control devices.
  - D. Consider use of pressure dressings with deep wound packing.
  - E. Consider pelvic binding for suspected unstable pelvic fracture.
3. If appropriate, maintain spinal precautions for patient per **Spinal Injury Assessment Protocol**.
4. Assess pain on 1-10 scale.
5. Immobilize/splint orthopedic injuries as appropriate.
  - A. Special Considerations
    - i. Consider traction splinting for femur fractures (excluding hip/femoral neck).
    - ii. Straighten severely angulated fractures if distal extremity has signs of decreased perfusion.
    - iii. Evaluate and document neurovascular status before and after splinting.
    - iv. Dress open fractures.
6. Partial/complete amputations
  - A. Control bleeding as above.
  - B. Cover wounds with sterile dressings moistened with sterile solution.
  - C. Splint extremity.
  - D. Recoverable amputated parts should be brought to hospital as soon as possible.
  - E. Wrap amputated part in sterile dressing moistened with sterile solution. Seal in a plastic bag and, if available, place bag in container of ice and water. **DO NOT** place part directly on ice.
  - F. Frequent monitoring of circulation, sensation, and motion distal to the injury during transport.
7. For severe crush injuries, refer to **General Crush Injury Protocol**.
8. Impaled objects are left in place and stabilized. Removal of impaled objects is only with approval of medical control.
-  9. Follow local **Transportation Protocol**.
10. Provide pain management per **Pain Management Procedure**.
-  11. Consideration sedation per **Patient Sedation Procedure**.





**Partial/complete amputations**

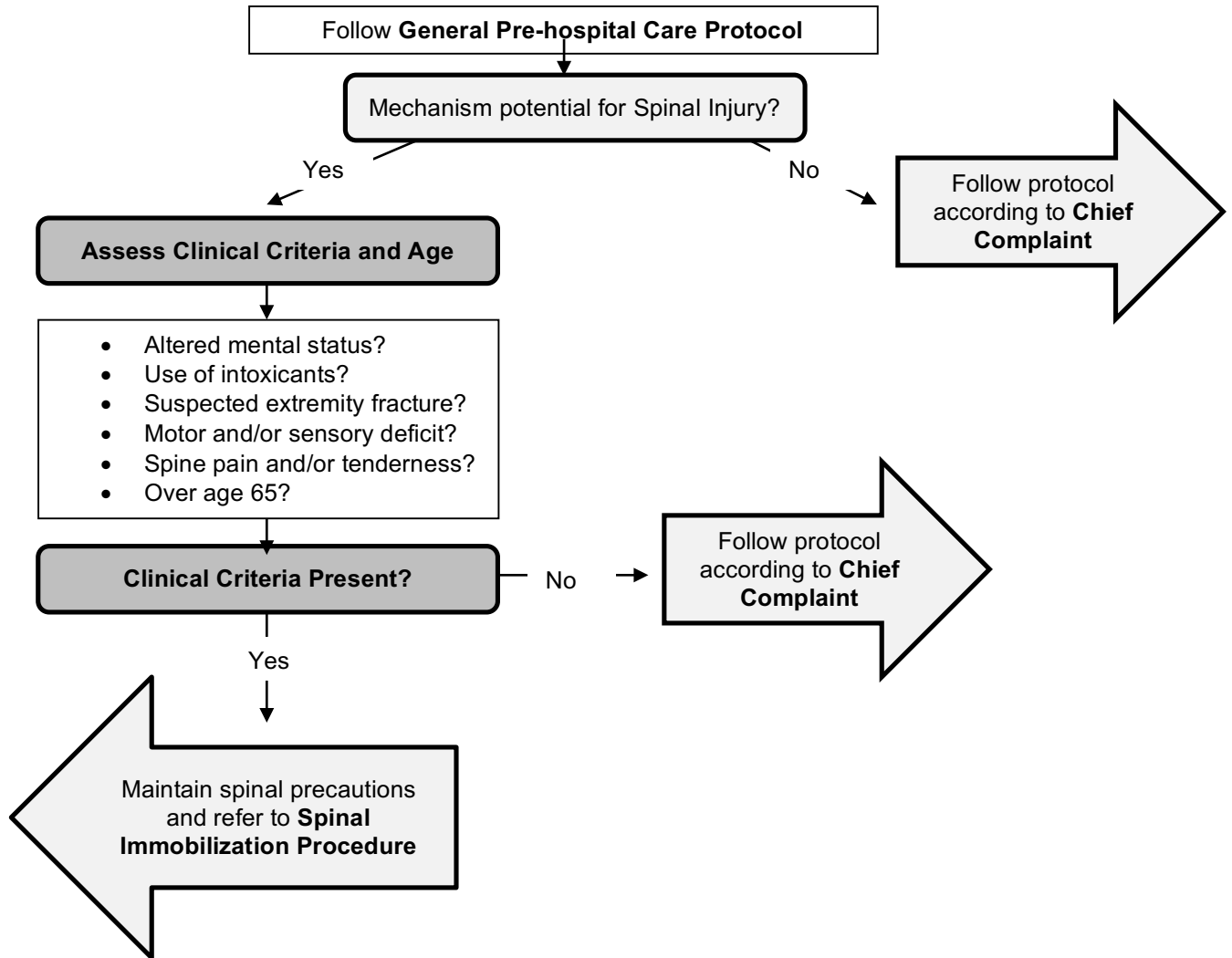
- Control bleeding as above
- Cover wounds with sterile dressings moistened with sterile solution.
- Splint extremity.
- Recoverable amputated parts should be brought to hospital as soon as possible.
- Wrap amputated part in sterile dressing moistened with sterile solution. Seal in a plastic bag and, if available, place bag in container of ice and water. **DO NOT** place part directly on ice.
- Frequent monitoring of circulation, sensation, and motion distal to the injury during transport.

Paramedics, consider sedation per **Patient Sedation Procedure.**

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## ***Spinal Injury Assessment***




1. Follow **General Pre-hospital Care protocol**.
2. Assess the mechanism of injury.
  - A. Negative mechanism does not need a spine injury clinical assessment
  - B. Patients with mechanism of injury with the potential for causing spine injury shall have a spine injury clinical assessment performed.
3. Clinical criteria are used as the basis for assessment. If any of the clinical criteria are present or if the assessment cannot be completed, the patient has a positive spine injury assessment.
4. If the mechanism of injury with the potential for causing spine injury exists, the following clinical criteria are assessed:
  - A. Altered mental status
  - B. Use of intoxicants
  - C. Suspected extremity fracture
  - D. Motor and/or sensory deficit
  - E. Spine pain and/or tenderness
5. If any of the clinical criteria are present the patient has a positive spine injury assessment. If none of the clinical criteria are present the patient has a negative spine injury assessment.
6. Patients with a positive spine injury assessment should have spinal precautions maintained during movement and transport. Refer to **Spinal Precautions Procedure**.
7. Patients over the age of 65 with a mechanism of injury with the potential for causing spine injury will have a rigid extrication collar applied even if the spinal injury clinical assessment is negative.



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## ***Traumatic Arrest***

**Purpose:** To facilitate management of patients in cardiac arrest from a suspected traumatic cause. Successful resuscitation of the traumatic cardiac arrest patient requires rapid identification and correction of specific injuries, (blunt or penetrating) with prompt transport to appropriate facility.

1. Patient that meets DOA criteria, refer to **Dead on Scene Protocol**.
2. If the trauma appears to be minor and a medical condition appears to be the cause of the cardiac arrest, follow the appropriate cardiac arrest protocol.
3. If appropriate, begin high performance CPR, if witnessed arrest or arrest was within a few minutes of EMS arrival.
4. Airway - establish patent airway with 100% oxygen administration.
5. Control bleeding, any extremity injury with significant bleeding should have a tourniquet applied. If tourniquet application is not possible, apply a pressure dressing. For blunt trauma, considerations should be made for a pelvic fracture apply a pelvic binder (commercial or sheet).
6. Prepare for transport per **MCA Transportation Protocol**.
7. Follow **Emergency Airway Procedure**.
-  8. When indicated, volume administration with 2 large bore IV / IO with normal saline wide open.
-  9. Chest decompression for relief of tension pneumothorax. Use at least 3" catheter either (12g, 14g, or 16g angiocath).
-  10. If there is no response to resuscitation efforts, consult with online Medical Control for termination of resuscitation.

## ***Drowning/Submersion Injury***

Drowning is defined as, “A process resulting in primary respiratory impairment from submersion or immersion in a liquid medium.” (American Heart Association, 2010).

Uncertainty exists regarding survival in cold water drowning, however, recent literature suggests the following:

1. In cold water (temperature is less than 43° F (6° C)) and the patient is submerged with evidence of cardiac arrest:
  - A. Survival is possible for submersion time less than 90 minutes and resuscitative efforts should be initiated
  - B. Survival is not likely for submersion time greater than 90 minutes and providers may consider not initiating resuscitation or termination of resuscitation on scene
2. If warm water (temperature is greater than 43° F (6° C)) and the patient is submerged with evidence of cardiac arrest:
  - A. Survival is possible for submersion time less than 30 minutes and resuscitative efforts should be initiated
  - B. Survival is not likely for submersion time greater than 30 minutes and providers may consider not initiating resuscitation or termination of resuscitation on scene.
3. It may often be impractical to determine water temperature; subsurface water temperatures may be considerably colder than surface temperature. When in doubt, consider water to be cold.
4. Time estimation begins when the patient is presumed to be submersed.

If SCUBA incident with rapid ascent, transport the patient in the left lateral recumbent position.

1. Follow **General Pre-hospital Care Protocol**.
  - A. Primary survey should include aggressive airway management and restoration of adequate oxygenation and ventilation.
  - B. Exam should include consideration of possible c-spine injury.
  - C. Assess for other associated injury such as injury to the head or dive-related emergency.
  - D. Assess patient’s temperature.
2. **If pulse is absent:**
  - A. If pulse is absent, consider submersion time and temperatures as indicated above. Refer to the **Dead on Scene Procedure as indicated**.
  - B. In normothermic, (> 34 C or 93F) patients initiate CPR and refer to **Cardiac Arrest – General Protocol (Adult or Pediatric)**.
  - C. If patient is hypothermic, (≤ 34C or 93F) go to **Hypothermia Cardiac Arrest Protocol**.

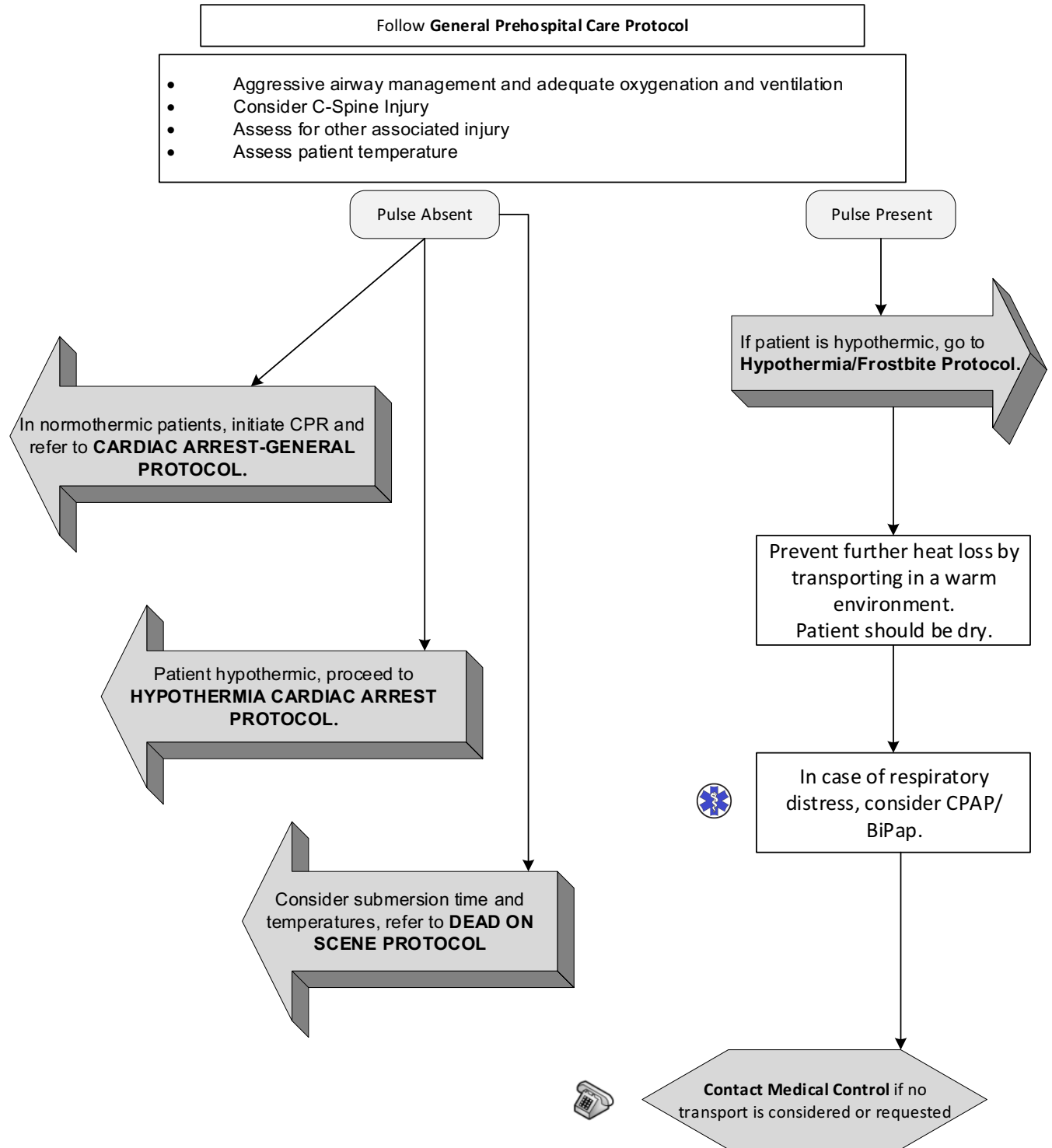
**3. If pulse is present:**

- A. If patient is hypothermic, go to **Hypothermia/Frostbite Protocol**.
- B. Prevent further heat loss by transport in a warm environment.
- C. Patient should be dry.
- D. Patients may develop subacute respiratory difficulty after drowning and therefore all victims of drowning should be transported for observation.





- E. Consider **CPAP/BiPAP** (if available) per **CPAP/BiPAP Procedure**.
- F. Contact Medical Control if no transport is considered or requested.

\*Note: For SCUBA incident with rapid ascent, medical control can consider contacting the Divers Alert Network (DAN) @ 919-684-9111 to arrange evacuation and hyperbaric re-compression at a properly equipped and staffed chamber.



## ***Poisoning/Overdose/Environmental Exposure***



### **GENERAL MANAGEMENT OF TOXIC EXPOSURE (INCLUDING INGESTION)**

1. Follow **General Pre-hospital Care Protocol**.
2. Use proper protective equipment and prepare for decontamination if necessary.
3. Remove clothing exposed to chemical (dry decon).
4. Identification of the substance (patient has been exposed to).
5. If altered mental status, refer to **Altered Mental Status Protocol**.
6. If respiratory distress, refer to **Respiratory Distress Protocol**.
7. If the patient is seizing, refer to **Seizure Protocol**.
-  8. Alert receiving hospital if patient may present HAZMAT risk.
9. Sample of drug or substance and any medication or poison containers should be brought in with patient if it does NOT pose a risk to rescuers.
-  10. Refer to **Pain Management Procedure**.


### **INHALATION EXPOSURES:**

1. Ensure high concentration of oxygen is provided.
2. If suspected cyanide gas exposure, refer to **Cyanide Exposure Protocol** and contact medical control immediately.

### **INGESTION:**

1. Use protective eye equipment.  
If suspected opioid overdose, refer to **Naloxone (Narcan®) Medication Section**.
-  2. If cardiac dysrhythmia, refer to appropriate dysrhythmia protocol.
3. For extrapyramidal dystonic reactions, administer Diphenhydramine
  - a. For adults, 50 mg IV.
  - b. For pediatrics 1 mg/kg IV (max dose 50 mg).
-  4. For symptomatic tricyclic antidepressant ingestions (tachycardia, wide complex QRS), administer sodium bicarbonate
  - a. Adults 50 mEq IV, repeat as needed.
  - b. Pediatrics 1mEq/kg IV, repeat as needed.
5. For symptomatic calcium channel blocker overdose, consider Calcium Chloride
  - a. Adults 1 gm IV.
  - b. Pediatrics 20 mg/kg IV (max dose 1 gm).

### **EYE CONTAMINATION:**

1. Irrigate continuously with Normal Saline or tap water for 15 minutes (attempt to continue enroute) or as directed by Medical Control.
2. For alkali exposure, maintain continuous irrigation.
-  3. If available, administer Tetracaine, 1-2 drops per eye to facilitate irrigation. Ensure patient does not rub eye.



**Tetracaine Included?**

Yes  No

**SKIN ABSORPTION:**

1. Brush off dry chemicals before irrigation
2. Irrigate continuously with Normal Saline, or tap water for 15 minutes or as directed by Medical Control.

**MANAGEMENT OF BITES AND STINGS**

**SPIDERS, SNAKES AND SCORPIONS:**

1. Protect rescuers. Bring in spider, snake or scorpion if captured and contained or if dead for accurate identification.
2. Ice for comfort on spider or scorpion bite; DO NOT apply ice to snake bites.

**BEEES AND WASPS:**

1. Remove stinger by scraping out. Do not squeeze venom sac if this remains on stinger.
2. Provide wound care.
3. Observe patient for signs of systemic allergic reaction. Treat anaphylaxis per **Anaphylaxis/Allergic Reaction Protocol.**

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**NERVE AGENT/ORGANOPHOSPHATE EXPOSURE**

1. **Evaluate for signs and symptoms of exposure:** Salivation, Lacrimation, Urination, Defecation, Gastrointestinal hypermotility, Emesis, Muscle twitching or spasm (seizures)
  - a. **Minor symptoms only** – alert, salivation, eye watering, dim vision, drooling, nasal drainage, constricted pupils, abdominal cramps, diaphoresis
  - b. **Moderate symptoms** – alert, vomiting, muscle twitching, increase in minor symptoms
  - c. **Severe signs & symptoms** – decline in LOC, urinary incontinence, defecation, severe muscle twitching, seizure, respiratory distress/wheezing
2. Evaluate and maintain the airway, provide oxygenation and support ventilation as needed.
3. NOTE: Anticipate need for extensive suctioning
4. Antidote administration per Mark I Kit/Duo Dote auto-injector Dosing Directive – See Chart



5. Establish vascular access



6. Atropine 2-6 mg IV/IM per Mark I Kit Dosing Directive if Mark I Kit is not available (each Mark I Kit/Duo Dote auto-injector contains 2 mg of atropine)

7. Treat seizures

- a. **Adult**

- a. Administer **Diazepam** 2-10 mg IV/IM **OR** Midazolam 0.05 mg/kg to max 5 IV/IM

- b. Administer **Midazolam** 0.1 mg/kg to max 10 mg IM

- c. If available, **Valium** auto-injector



- b. **Pediatrics**

- a. **Midazolam** 0.15 mg/kg IV/IM (maximum individual dose 5 mg)

- b. If available, **Valium** auto-injector



8. Monitor EKG

9. Additional **Atropine** 2 mg IV/IM for continued secretions (0.05 mg/kg for pediatrics)



<b>*NA Kit Dosing Directive</b>				
<b>Clinical Findings</b>	<b>Signs/Symptoms</b>	<b>Required Conditions</b>	<b>NA Kits To Be Delivered</b>	
<b>SELF-RESCUE</b>	<b>Threshold Symptoms</b>	<ul style="list-style-type: none"> <li>• Dim vision</li> <li>• Increased tearing</li> <li>• Runny nose</li> <li>• Nausea/vomiting</li> <li>• Abdominal cramps</li> <li>• Shortness of breath</li> </ul>	Threshold Symptoms <i>-and-</i> Positive evidence of nerve agent or OPP on site	1 NA Kit (self-rescue)
<b>ADULT PATIENT</b>	<b>Mild Symptoms and Signs</b>	<ul style="list-style-type: none"> <li>• Increased tearing</li> <li>• Increased salivation</li> <li>• Dim Vision</li> <li>• Runny nose</li> <li>• Sweating</li> <li>• Nausea/vomiting</li> <li>• Abdominal cramps</li> <li>• Diarrhea</li> </ul>	Medical Control Order	1 NA Kit
	<b>Moderate Symptoms and Signs</b>	<ul style="list-style-type: none"> <li>• Constricted pupils</li> <li>• Difficulty breathing</li> <li>• Severe vomiting</li> </ul>	Constricted Pupils	2 NA Kits
	<b>Severe Signs</b>	<ul style="list-style-type: none"> <li>• Constricted pupils</li> <li>• Unconsciousness</li> <li>• Seizures</li> <li>• Severe difficulty breathing</li> </ul>	Constricted Pupils	3 NA Kits (If 3 NA Kits are used, administer 1 <sup>st</sup> dose of available benzodiazepine)
<b>PEDIATRIC</b>	<b>Pediatric Patient with Non-Severe Signs/Symptoms</b>	<i>Mild or moderate symptoms as above</i>	Positive evidence of nerve agent or OPP on site	Age ≥ 8 years old: <ul style="list-style-type: none"> <li>• As Above</li> </ul> Age < 8 years old: <ul style="list-style-type: none"> <li>• Per Medical Control</li> </ul>
	<b>Pediatric Patient with Severe Signs/Symptoms</b>	<ul style="list-style-type: none"> <li>• Constricted pupils</li> <li>• Unconsciousness</li> <li>• Seizures</li> <li>• Severe difficulty breathing</li> </ul>	Severe breathing difficulty  Weakness	Age ≥ 8 years old: <ul style="list-style-type: none"> <li>• 3 NA Kits</li> </ul> Age < 8 years old: <ul style="list-style-type: none"> <li>• 1 NA Kit</li> </ul> Contact Medical Control as needed

**\*NOTE: Nerve-agent Antidote (NA) =1 Duo Dote or 1 Mark I**




## ***Heat Emergencies***

1. Follow **General Pre-hospital Care Protocol**.
2. Determine history/evidence of heat exposure.
3. Check blood glucose and treat hypoglycemia per **Altered Mental Status Protocol**.




### **HEAT CRAMPS:**

1. Move the patient to a cool environment and attempt oral liquids.
2. Contact medical control.





### **HEAT EXHAUSTION:**

1. Move the patient to a cool environment.
2. Remove tight clothing.
3. Cool patient, provide air conditioning/fanning. Avoid chilling/shivering.
-  4. NS IV/IO fluid bolus up to 1 liter, wide open.
  - A. Patient may take oral fluid replacement rather than IV if no nausea. Allow oral intake of cool fluids or water (may use commercial sports/rehydration drinks). Do not permit patient to drink if altered mental status, abdominal pain or nausea. Avoid carbonated, alcoholic and caffeinated beverages.
-   5. Contact medical control.

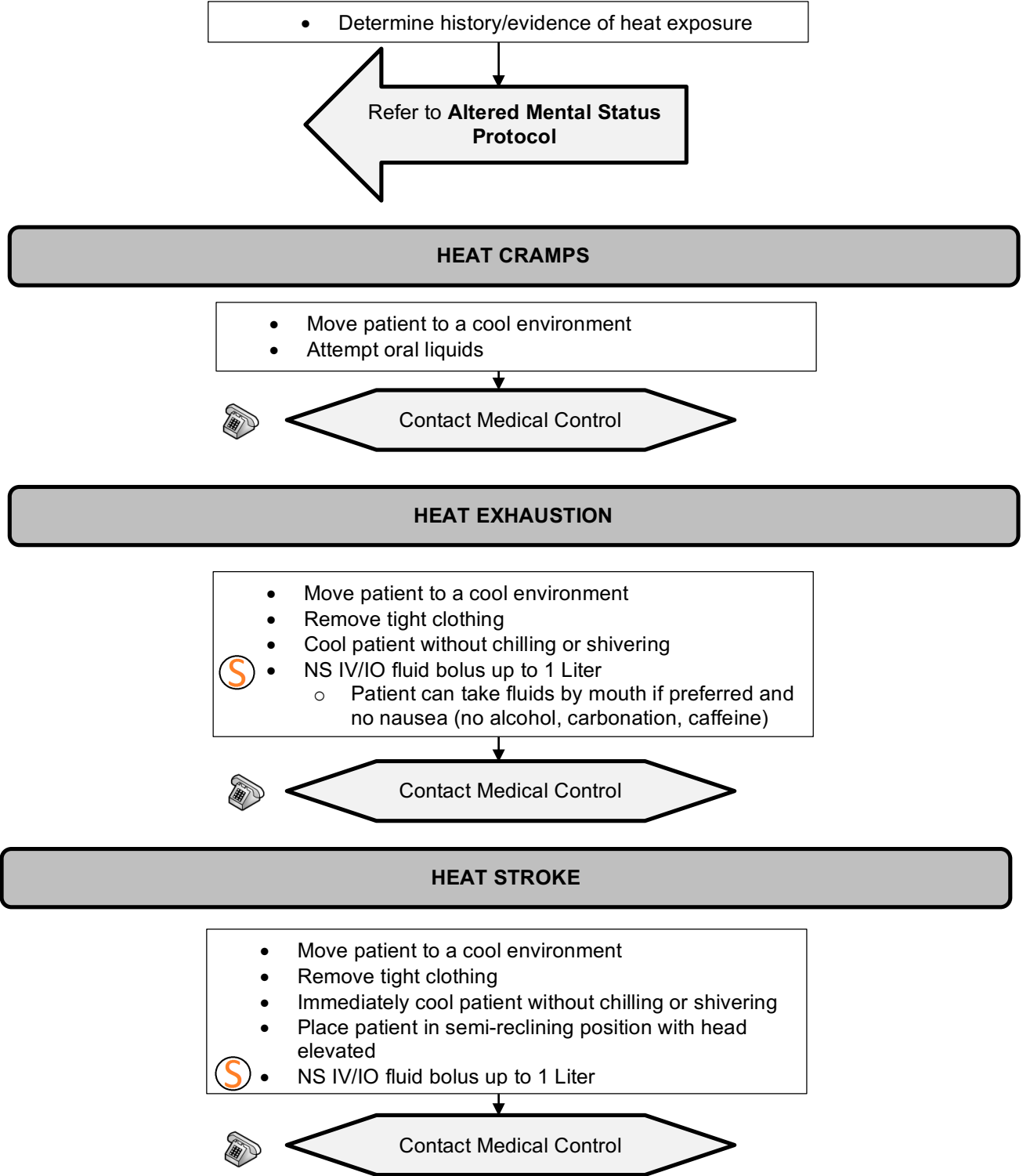
### **HEAT STROKE:**

1. Move the patient to a cool environment.
2. Remove tight clothing.
3. Immediate cooling – provide air conditioning and fanning. Avoid chilling/shivering.
4. Place patient in semi-reclining position with head elevated.
-  5. NS IV/IO fluid bolus up to 1 liter, wide open, repeat as indicated.
-   6. Contact medical control.



### **MANAGEMENT OF PATIENT WITH EXERTIONAL HEAT STROKE**

7. Cool as quickly as possible via ice or cool-water immersion, if possible. Alternative means, such as continually misting the exposed skin with tepid water while fanning the victim, may be used if immersion is not possible.
  - A. Cool as much of the body as possible, especially the torso.
8. **Cool first, transport second when possible.**
-  9. Obtain vascular access; consider resting the patient's arm on the side of immersion tub to start IV while patient is still immersed.
10. If patient experiences seizures, refer to **Seizures Protocol**.
-  11. Monitor ECG (lead cables can go in the water).
-   12. If uncontrolled shivering occurs during cooling, consider midazolam per **Patient Sedation Protocol**.

Follow **General Pre-Hospital Care Protocol**



**EXERTIONAL HEAT STROKE**

- Cool as quickly as possible via ice or cool-water immersion, if possible
- Alternative means, such as misting the skin with tepid water while fanning may be used if needed
- Cool as much of the body as possible (especially the torso)
- **Cool FIRST, transport second when possible**
-  Obtain vascular access
-  Monitor ECG

If the patient seizes, refer to **Seizures Protocol**





Contact Medical Control

If uncontrollable shivering occurs, consider **Patient Sedation Protocol**


## ***Hypothermia/Frostbite***

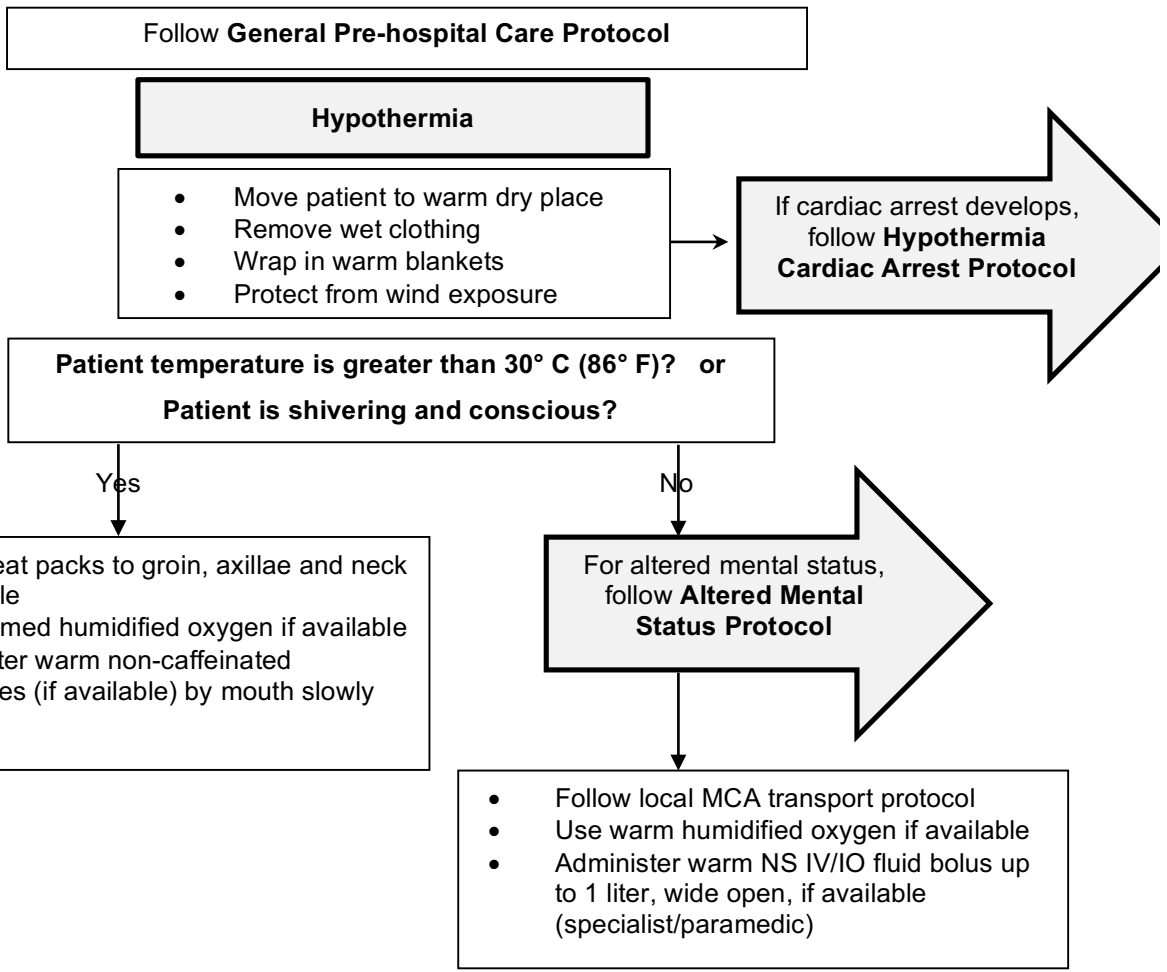
1. Follow **General Pre-hospital Care Protocol**

### **HYPOTHERMIA:**

1. If cardiac arrest develops follow **Hypothermia Cardiac Arrest Protocol**.
  2. Move patient to a warm dry place, remove wet clothing & wrap in warm blankets and protect from wind exposure.
  3. If the patient's temperature is greater than 30° C (86° F) or patient shivering & conscious:
    - A. Apply heat packs to groin, axillae, and neck if possible.
    - B. Use warmed humidified oxygen if available.
  4. If patient is alert, administer warm non-caffeinated beverages (if available) by mouth, slowly.
  5. If patient temperature is less than 30° C (86° F)
    - A. Gentle handling is required.
    - B. Facilitate transport immediately.
  6. If alterations in mental status, consider measuring blood glucose and treat as indicated per **Altered Mental Status Protocol** and assess for other causes of alterations of mentation.
-  7. Administer warm NS IV/IO fluid bolus up to 1 liter, wide open, if available.
  -  A. Pediatrics 20 ml/kg
8. Use warmed humidified oxygen if available.

### **SUSPECTED FROSTBITE:**

1. Remove wet or constricting clothing. Keep skin dry and protected from wind.
  2. Do not allow the limb to thaw if there is a chance that limb may re-freeze before evacuation is complete or if patient must walk to transportation.
  3. Dress injured areas lightly in clean cloth to protect from pressure, trauma or friction. Do not rub. Do not break blisters.
  4. Keep patient warm.
  5. Frostbitten areas should be supported and elevated during transport.
-  6. Treat pain per **Pain Management Procedure**.



**Suspected Frostbite**





- Remove wet or constricting clothing
- Keep skin dry and protected from wind
- Do not allow limb to thaw if there is a chance that limb may re-freeze or if patient must walk to transportation
- Dress injured areas lightly in cloth to protect from pressure, trauma or friction.
- Do not rub
- Do not break blisters
- Keep patient warm
- Frostbitten areas should be supported and elevated during transport





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## ***Hypothermia Cardiac Arrest***

1. Follow **General Pre-hospital Care Protocol**.
2. Assess body temperature. If temperature is greater than 30° C (86° F), follow **Cardiac Arrest – General or Pediatric Cardiac Arrest – General**
3. Confirm cardiac arrest, begin CPR.
4. Protect against heat loss.
5. Apply heat packs, if available, to axillae, groin, and neck.
6. Administer warmed humidified oxygen, if possible.
-  7. Administer warmed NS IV/IO, if possible.
-  8. Contact Medical Control for guidance regarding continued resuscitation at the scene vs. early transport.
-  9. Follow **Cardiac Arrest – General or Pediatric Cardiac Arrest – General**
-  10. Initiate transport per **Transportation Protocol**.